

**Navy-Marine Corps Relief Society Spot**  
**Admiral Gary Roughead**  
**Chief of Naval Operations**  
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In the Navy, we choose a life of service. The opportunities and benefits and satisfaction are great, but so, too, can be the demands and challenges. As Sailors, we routinely deploy to the far corners of the earth and when called upon by our nation, may find ourselves in harm's way. The support of our families is vital not only to our quality of service, but also to our quality of life.

The Navy-Marine Corps Relief Society understands the importance of the Navy family. Staffed by fewer than 250 paid employees and more than 3,400 volunteers, when Sailors or family members find themselves in need, this caring organization stands ready to respond around the clock with enthusiastic, effective support. Each year, millions of dollars in loans, grants, scholarships and financial education provided by the Navy-Marine Corps Relief Society, benefit our Sailors and family members at home and abroad. Perhaps even more important, however, is the peace of mind that comes from knowing, no matter where our Navy takes us, there will always be someone back home providing a safety net for our family members, should it be needed.

I urge you to support the Navy-Marine Corps Relief Society and their efforts to improve quality of life, positively impact operational readiness and ensure that we are able to take care of our own.